



Canadian
LifeStyle





ABOUT US

Canadian Life Style is a global health and wellness organization that supports individuals at every stage of their journey. Our mission is to help people lead longer, healthier, and more active lives by providing premium vitamins, wellness products, and supplements. We prioritize your health, safety, and happiness, while also celebrating personal style.

With extensive product development experience and a firm commitment to innovation, we proudly serve markets across North America, Europe, the Middle East, and Africa. Our international recognition is a testament to our unwavering commitment to quality and exceptional service.

At Canadian Lifestyle, we meet the most stringent compliance and documentation requirements to ensure the highest level of assurance for our customers. Whether it's our scientifically backed supplements or our customer-centric approach, we consistently strive to exceed expectations and elevate global wellness.

By embodying Canadian values of integrity and excellence, Canadian Lifestyle is not just about providing products—it's about transforming lives. From our home in Canada to the world, we are here to inspire healthier lifestyles, one supplement at a time.



Supplement Categories

1. Cardiobost

2. BreatheEase

3. UrinaryGuard

4. DigestActive

5. Prostate Health Support

6. DreamEase

7. Eye and Vission

8. Hair/ Nail / Skin Trio

9. FemPower+

10. MenVitality

11. ImmunePro

12. LiverCare+

13. NeuroZen

14. JointFlex

15. SlimSmart

16. GlucoBalance

17. PainShield

18. VitalO

19. MaxMen Multivitamin

20. MaxWomen Multivitamin

21. NutriBasics

22. KidzPlus Multivitamin

23. ThyroBalance

24. ComfortEase

Canadian Life Studies





CardioMax Blend



1. Canadian Lifestyle CardioMax Blend

•Capsule

NPN: 80036951

Dose: 1 capsule a day

•Multi-action formula with Hawthorn, Ginkgo biloba and Garlic to enhance cardiovascular and peripheral circulation.

Key Ingredients Per Capsule:

- Hawthorn (Crataegus laevigata, Fruit, 10:1 QCE 1600mg): 160mg
- Garlic (Allium sativum, Bulb, 20:1 QCE 1200mg): 60mg
- Ginkgo biloba (Leaf, 24% Flavonoid glycosides, 6% Terpenes lactone, 30:1 QCE 4500mg)): 150mg
- L-Arginine: 100mg
- Zinc (Zinc gluconate): 16mg

Benefits (Indications):

- Supports cardiovascular health
- Helps maintain healthy cholesterol levels
- Enhances energy production in heart muscle
- Provides antioxidant protection
- Supports healthy blood sugar and metabolic balance



2. Canadian Lifestyle ViraGuard ColdEase

•Tablet

NPN: 80107504

Dose: 1 tablet, 2 times per day

- Echinacea is traditionally used in herbal medicine to help relieve sore throats and symptoms of upper respiratory tract infections.
- Ginger is traditionally used in herbal medicine as an expectorant and cough suppressant (antitussive) to help relieve bronchitis as well as coughs and colds.
- Helps to maintain/support immune function.
- Source of/Provides antioxidants.

Key Ingredient Per Tablet:

- Vitamin C (Ascorbic acid): 100mg
- Vitamin D (Cholecalciferol): 5mcg
- Folate (Folic acid): 200mcg
- Potassium (Potassium acetate): 70mg
- Magnesium (Magnesium oxide): 56.25mg
- Echinacea angustifolia (Echinacea, Root and Rhizome, Dry, 2:1, QCE 1000mg): 500mg
- Citrus Bioflavonoids (Citrus aurantiifolia - Fruit, 92% Hesperidin): 50mg
- Curcuma longa (Turmeric, Rhizome, Dry, 10:1, QCE 1000mg): 100mg
- Zingiber officinale (Ginger, Rhizome): 150mg

Benefits (Indications):

- Supports immune system function
- Helps reduce severity and duration of colds
- Provides antioxidant protection against free radicals
- Promotes respiratory health and comfort

Hyperacidity Support



3. Canadian Lifestyle Hyperacidity Support

•Capsule

NPN: 80096546

Dose: 1 capsule, 3 times a day

- Amla traditionally used in Ayurveda to help relieve symptoms like heartburn and indigestion associated with Amlapitta (hyperacidity).
- Sweet fennel used to relieve digestive upset, including bloating and flatulence.
- Ginger traditionally used to relieve digestive disturbances such as nausea, digestive spasms, indigestion, and flatulent colic.
- Helps relieve inflammatory conditions of the gastrointestinal tract, such as gastritis.

Key Ingredients Per Capsule:

- Phyllanthus emblica(Amla, Fruit) : 200 mg(10 : 1, 2000 mg)
- Glycyrrhiza glabra(Licorice, Root) : 33.3 mg(10 : 1, 333 mg) Foeniculum vulgare subsp. Vulgare var.
- dulce(Sweet fennel, Seed) : 400mg
- Zingiber officinale(Ginger, Rhizome) : 10 mg(10 : 1, 100 mg)

Benefits (Indications):

- Helps neutralize excess stomach acid
- Supports relief from heartburn and acid reflux
- Promotes healthy digestion and comfort
- Protects stomach and esophageal lining
- Supports healing of gastric and intestinal mucosa



4. Canadian Lifestyle Jetlag Spray

•Spray

NPN: 80108351

Dose: 1–10 sprays, once per day

- Helps reset the body's sleep-wake cycle and increase total sleep time for those experiencing sleep restriction or altered schedules (e.g., shift work, jet lag).
- Reduces the effects of jet lag, such as daytime fatigue and sleep disturbances, for those flying across multiple time zones.

Key Ingredients Per Spray:

- Melatonin (N-Acetyl-5-methoxytryptamine): 1mg

Benefits (Indications):

- Helps reduce symptoms of jet lag
- Supports healthy sleep-wake cycle adjustment
- Promotes relaxation and restful sleep
- Reduces fatigue and daytime sleepiness
- Supports overall travel wellness

DreamEase



5. Canadian Lifestyle DreamEase

•Capsule

NPN: 80034863

Dose: 2 capsules, once per day

•Promotes sleep and relieves nervousness.

Key Ingredients Per Capsule:

- Valerian (Valeriana officinalis, Root) (10:1, QCE 500mg): 50mg
- Hops (Humulus lupulus, Strobile) (10:1, QCE 500mg): 50mg
- Ashwagandha (Withania somnifera, Root) (10:1, QCE 1000mg): 100mg
- Chamomile (Matricaria chamomilla, Flower) (10:1, QCE 3000mg): 300mg
- Kava (Piper methysticum, Root) (15:1, QCE 3525mg, 30% Kavalactones): 235mg

Benefits (Indications):

- Promotes relaxation and restful sleep
- Helps reduce occasional insomnia and restlessness
- Supports healthy sleep cycles
- Eases stress and tension before bedtime
- Encourages a refreshed feeling upon waking



6. Canadian Lifestyle VitaGlow

•Capsule

NPN: 80096245

Dose: 1 capsule, 2 times per day

- Supports healthy hair, skin, and nails.
- Protects against free radical damage and supports overall skin health.

Key Ingredients Per Capsule:

- Vitamin B5 (D-Pantothenic acid): 25mg
- Vitamin B6 (Pyridoxine hydrochloride): 25mg
- Vitamin C (Ascorbic acid): 25mg
- Vitamin E (dl-alpha Tocopheryl acid succinate): 5mg AT (11.1IU)
- Biotin: 250mcg
- Silicon (Silicon dioxide): 25mg
- Iron (Iron II gluconate): 2.5mg
- L-Cysteine: 50mg
- L-Lysine: 50mg
- L-Methionine: 25mg
- Hydrolyzed collagen (Fish-Skin): 100mg

Benefits (Indications):

- Supports healthy, radiant skin
- Promotes collagen production for skin elasticity
- Provides antioxidant protection against free radicals
- Supports hair and nail strength
- Helps maintain a youthful appearance

ImmunoVital Aid



7. Canadian Lifestyle ImmunoVital Aid

•Capsule

NPN: 80034442

Dose: 2 capsules once a day

•Helps maintain optimal immune function.

Key Ingredient Per Capsule:

•Chlorella vulgaris (Whole plant) : 200mg (10:1, QCE 2000mg)

•Tinosporacordifolia (Stem) : 180mg (10:1, QCE 1800mg)

•Amla (Phyllanthus emblica, Fruit) : 60mg (4:1, QCE 240mg)

•Zinc (Zinc gluconate) : 1.2 mg

Benefits (Indications):

• Supports and strengthens immune system function

• Helps reduce susceptibility to seasonal illnesses

• Provides antioxidant protection against free radicals

• Promotes faster recovery during immune challenges

• Supports overall health and vitality



8. Canadian Lifestyle Ashwagandha Boost

•Capsule

NPN: 80067337

Dose: 1 capsule once a day

•Traditionally used in Ayurveda as a rejuvenative tonic, memory enhancer, nerve tonic, and sedative.

•Helps relieve general debility during old age.

Key Ingredient Per Capsule:

•Ashwagandha (Withania somnifera, Root) (10:1, QCE 5000mg) : 500mg

Benefits (Indications):

- Supports healthy stress response and relaxation
- Promotes balanced mood and emotional well-being
- Helps maintain healthy energy levels and stamina
- Supports cognitive function and mental clarity
- Aids in healthy immune system function

Stress Relief Zen



9. Canadian Lifestyle Stress Relief Zen

•Capsule

NPN: 80128485

Dose: 1 capsule, 2 times per day

- Temporarily promotes relaxation and reduces stress.
- Enhances cognitive function, mental focus, and stamina.

Key Ingredient Per Capsule:

- Ganoderma lucidum (Reishi) (20:1, QC 750mg): 37.5mg
- L-Theanine: 100mg
- Rhodiola rosea (10:1, QCE 720mg): 72mg
- Withania somnifera (Ashwagandha) (20:1, QCE 1700mg): 85mg

Benefits (Indications):

- Promotes relaxation and calmness
- Helps reduce stress and anxiety
- Supports healthy sleep and rest
- Enhances mental clarity and focus
- Supports overall emotional well-being

OsteoFlex Joint Care



10. Canadian Lifestyle OsteoFlex Joint Care

•Capsule

NPN: 80028123

Dose: 1 capsule, 3-4 times per day

- Supports cartilage health and joint comfort.

Key Ingredient Per Capsule:

- Glucosamine sulfate (Glucosamine Sulfate Potassium Chloride): 500mg
- Chondroitin sulfate: 100mg
- MSM (Dimethyl sulfone): 50mg
- Boswellia (Boswellia serrata, Gum): 50mg
- Turmeric (Curcuma longa, Root, 10:1, QCE 500mg): 50mg
- Calcium citrate: 100mg
- Fenugreek (Trigonella foenum-graecum, Seed, 10:1, QCE 500mg): 50mg

Benefits (Indications):

- Supports joint health and mobility
- Helps reduce occasional joint stiffness and discomfort
- Promotes cartilage and connective tissue health
- Supports flexibility and range of motion
- Aids in maintaining active lifestyle and overall joint function

Multivitamin For Men



11. Canadian Lifestyle Multivitamin For Men

• Tablet

NPN: 80092483

Dose: 1 tablet once a day

- Helps normal growth and development.
- Supports immune system function, muscle function, and tissue formation.
- Helps in the development and maintenance of night vision.
- Supports eyesight, skin, and immune function.

Key Ingredient Per Tablet:

- Vitamin A (Vitamin A acetate): 1300.65mcg
- Ascorbic Acid (Vitamin C): 60mg
- Vitamin D3 (Cholecalciferol): 10mcg
- Vitamin B1 (Thiamine): 1.5mg
- Vitamin B2 (Riboflavin): 1.7mg
- Vitamin B6 (Pyridoxine hydrochloride): 2mg
- Vitamin B12 (Cyanocobalamin): 6mcg
- Vitamin B3 (Niacinamide): 20mg

Benefits (Indications):

- Supports overall health and vitality
- Promotes energy production and stamina
- Supports immune system function
- Aids in maintaining healthy hair, skin, and nails
- Supports heart, bone, and prostate health



12. Canadian Lifestyle Multivitamin For Woman

•Capsule

NPN: 80078112

Dose: 1 tablet once a day

- Supports normal early fetal development (brain and spinal cord).
- Reduces the risk of neural tube defects when taken daily at least three months prior to becoming pregnant and during early pregnancy.
- Maintains the body's ability to metabolize nutrients and supports bone and teeth health.

Key Ingredients Per Tablet:

- Vitamin A (Vitamin A acetate) (2500 IU): 750mcg
- Vitamin C (Ascorbic Acid): 60mg
- Vitamin E (dl-alpha tocopheryl acetate): 15.075mg
- Vitamin D (Cholecalciferol): 25mcg (1000 IU)
- Vitamin K1: 25mcg
- Thiamine (Vitamin B1, Thiamine mononitrate): 1.5mg
- Riboflavin (Vitamin B2): 1.7mg
- Niacin (Vitamin B3, Niacinamide): 10mg
- Vitamin B6 (Pyridoxine hydrochloride): 2mg
- Vitamin B12 (Cyanocobalamin): 8mcg
- Biotin: 30mcg
- Pantothenic Acid (Vitamin B5, Calcium D-Pantothenate): 5mg
- Folate (Folic Acid): 400mcg

Benefits (Indications):

- Supports overall health and vitality
- Promotes energy production and reduces fatigue
- Supports immune system function

Omega-3 Gelatin free



13. Canadian Lifestyle Omega-3 Gelatin free

•Softgel

NPN: 80078112

Dose: 1 capsule, 3 times per day

- Supports cognitive health and brain function.
- Source of omega-3 fatty acids for overall health.

Key Ingredient Per Softgel:

- Fish oil(Fish - Whole) (300 mg EPA, 200 mg DHA) : 1000 mg

Benefits (Indications):

- Supports heart and cardiovascular health
- Promotes brain function and cognitive health
- Supports joint mobility and flexibility
- Provides anti-inflammatory and antioxidant benefits
- Aids in maintaining healthy cholesterol levels



14. Canadian Lifestyle PrimeVital 50+

•Capsule

NPN: 80035899

Dose: 2 capsules, 1-2 times per day

•A herbo-mineral formulation with Vitamin D and beta-carotene for overall health in older adults.

Key Ingredients Per Capsule:

- Ashwagandha (Withania somnifera, Root)(10:1, 1000mg) : 100mg
- Chamomile (Matricaria chamomilla, Flower)(10:1, QCE 750mg) : 75mg
- Ginkgo biloba (Leaf)(24% flavonoid glycosides, 6% terpene lactones, 50:1, QCE 4000mg) : 80mg
- Milk thistle (Silybum marianum, Seed)(30:1, QCE 1500mg) : 50mg
- Garlic (Allium sativum, Bulb)(20:1, QCE 300mg) : 15mg
- Korean ginseng (Panax ginseng, Root)(10:1, QCE 250mg) : 25mg
- Zinc (Zinc gluconate) : 4mg
- Calcium (Calcium citrate) : 33mg
- Beta-carotene : 2000mcg
- Vitamin D (Cholecalciferol) : 12.5mcg

Benefits (Indications):

- Supports overall health and vitality in adults 50+
- Promotes bone and joint health
- Supports heart and cardiovascular function
- Aids in maintaining cognitive function and memory
- Provides antioxidant protection for healthy aging

B-Complex



15. Canadian Lifestyle B-Complex

•Capsule

NPN: 80106803

Dose: 1 capsule, 2 times per day

•Supports growth, development, and good health.

Key Ingredients Per Capsule:

- Vitamin B1 (Thiamine, Thiamine mononitrate) : 50mg
- Vitamin B2 (Riboflavin) : 50mg
- Vitamin B3 (Niacin) : 50mg
- Vitamin B5 (Pantothenic Acid, Calcium D-Pantothenate) : 50mg
- Vitamin B6 (Pyridoxine hydrochloride) : 50mg
- Biotin : 50mcg
- Folic acid (Folate) : 400mcg
- Choline (Choline bitartrate) : 50mg
- Inositol : 50mg

Benefits (Indications):

- Supports energy production and metabolism
- Promotes healthy nervous system function
- Aids in red blood cell formation
- Supports stress management and mental clarity
- Helps maintain healthy skin, hair, and nails



16. Canadian Lifestyle D3 + K2 (+Calcium and Magnesium)

•Tablet

NPN: 80081358

Dose: 1 tablet once a day

- Reduces risk of osteoporosis.
- Supports bone, teeth, and muscle health.

Key Ingredients Per Tablet:

- Magnesium: 10mg
- Calcium (Calcium carbonate): 600mg
- Vitamin K2: 5mcg
- Vitamin D3 (Cholecalciferol): 12.5mcg
- Bone and Muscle Support

Benefits (Indications):

- Supports bone strength and density
- Promotes calcium absorption and utilization
- Aids in cardiovascular and heart health
- Supports muscle function and overall mobility
- Helps maintain healthy immune system function

D3 + K2 (+Calcium and Magnesium)

Omega 369 Complete



17. Canadian Lifestyle Omega 369 Complete

•Softgel

NPN: 80081359

Dose: 1 capsule, 3-4 times per day

- Supports cardiovascular health and provides essential fatty acids.

Key Ingredient Per Softgel:

- Borage oil (Borago officinalis, Seed) (2mg gamma-linolenic acid) : 11mg
- Fish oil (Fish-whole) (220mg EPA, 140mg DHA) : 800mg
- Flaxseed oil (Linum usitatissimum, Seed) (640mg alpha-linoleic acid, 98mg linoleic acid, 80mg oleic acid) : 990mg
- Safflower Oil (Carthamus tinctorius- Seed) (300mg linoleic acid) : 400mg
- Olive Oil (Olea europaea- Fruit flesh) (20 mg Oleic acid) : 25mg

Benefits (Indications):

- Supports heart and cardiovascular health
- Promotes brain function and cognitive health
- Helps maintain joint flexibility and comfort
- Provides anti-inflammatory and antioxidant support
- Supports overall wellness and healthy lipid balance



18. Canadian Lifestyle Vitamin K

•Tablet

NPN: 80079690

Dose: 1 tablet once a day

- Helps in the maintenance of bones.
- Helps to prevent Vitamin K deficiency.

Key Ingredient Per Tablet:

- Phylloquinone (Vitamin K) (100mcg): 100mcg

Benefits (Indications):

- Supports healthy blood clotting
- Promotes bone strength and density
- Aids in cardiovascular health by regulating calcium
- Supports proper wound healing
- Helps maintain overall skeletal and vascular health

Iron Vitality Plus



19. Canadian LifeStyle Iron Vitality Plus

• Tablet

NPN: 80078368

Dose: 1 tablet once a day

- Helps form red blood cells and prevents iron deficiency anemia.

Key Ingredient Per Tablet:

- Iron (Iron (II) gluconate): 37.5mg

Benefits (Indications):

- Supports healthy red blood cell production
- Helps prevent and treat iron deficiency and anemia
- Promotes energy levels and reduces fatigue
- Supports oxygen transport throughout the body
- Aids in overall vitality and wellness



20. Canadian Lifestyle Vitamin D 2500 IU

•Capsule

NPN: 80115212

Dose: 1 capsule per day

- Helps prevent vitamin D deficiency and supports bone health.

Benefits (Indications):

- Supports bone and teeth health
- Promotes calcium absorption and utilization
- Aids in immune system function
- Supports muscle function and strength
- Helps maintain overall wellness and vitality

Vitamin D 2500 IU

Kids Multivitamin (Gelatin-Free)



21. Canadian Lifestyle Kids Multivitamin (Gelatin-Free)

•Gummy

NPN: 80094350

Dose: 2 gummies once a day

- Source of vitamins and minerals, a factor in the maintenance of good health.
- Supports biological functions playing a key role in maintaining good health.
- Antioxidant support for good health.

Key Ingredients Per Gummy:

- Vitamin A (Vitamin A acetate): 300mcg RAE
- Vitamin C (Ascorbic acid): 5 mg
- Vitamin D (Cholecalciferol): 10 mcg
- Vitamin E (dl-alpha Tocopheryl acetate): 3.75 mcg AT
- Vitamin B6 (Pyridoxine 5'-phosphate): 1 mg
- Folate (Folic acid): 130 mcg
- Vitamin B12 (Methylcobalamin): 3 mcg
- Biotin: 30 mcg
- Pantothenic acid (Calcium D-Pantothenate): 2.6 mg
- Iodine (Potassium iodide): 21 mcg
- Choline (Choline bitartrate): 20 mg
- Inositol: 20 mcg
- Zinc (Zinc sulfate): 1.35 mg

Benefits (Indications):

- Supports overall growth and development
- Promotes healthy immune system function
- Aids in energy production and vitality





Canadian LifeStyle



120 CAPS



90 CAPS



60 CAPS



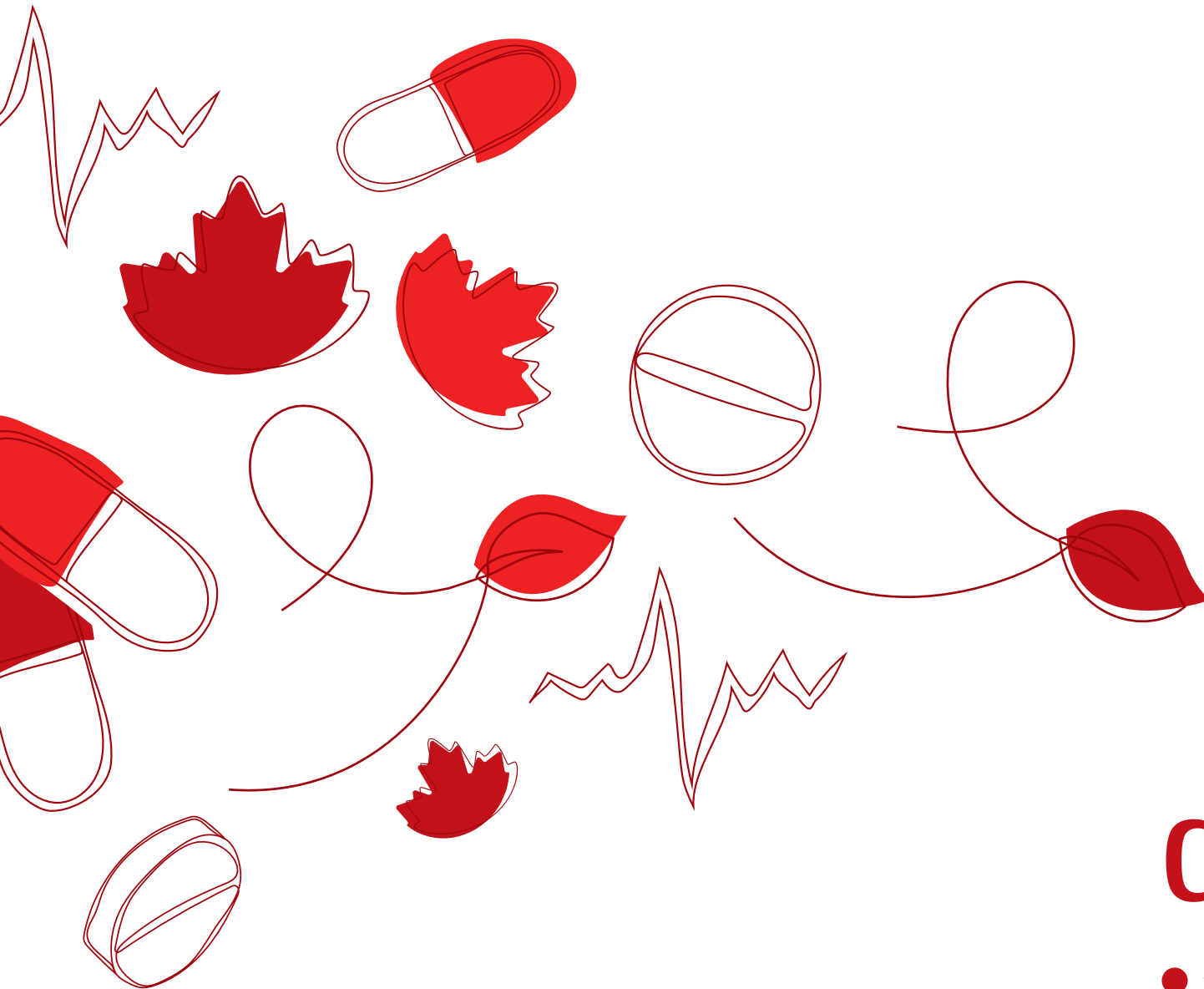
In any types of Pill Forms

Connochio

LifeStyle







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